



2010 Lee Ann Miele Garden State Synchronized Skating Competition

This event is proud to participate in the Eastern Synchronized Skating Challenge Series. Participation in this series is open to all Beginner 1, 2, or 3 teams and preliminary, pre-juvenile, open juvenile, open collegiate or open adult teams. Visit www.usfigureskating.org for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

Location, Arena and Date: Richard J. Codey Arena at South Mountain, West Orange, NJ Saturday, March 13, 2010, hosted by the Essex Skating Club of New Jersey, Skating Club of Morris, NJ, Upper Mountain Skating Association and the Garden State Figure Skating Club.

Entries: All applications must be postmarked / received by: Friday, February 5, 2010. The preferred method for registration is through the EntryEeze online registration system, a link to which can be found on the Essex Skating Club Website at www.essexskatingclub.org. Paper applications can be sent to Jill Mueller, 96 Undercliff Road, Montclair, NJ 07042.

The entry fee is \$400 per event, including alternates. The entry fee for Basic Skills beginner is \$300 per team. Please make checks payable to: Lee Ann Miele Garden State Synchronized Skating Classic.

Late entries will be considered at the sole discretion of the Chief referee.

If you have questions, please contact: Jill Mueller at thotdog2000@aol.com.

General Rules: The Lee Ann Miele Garden State Synchro Classic is sanctioned by U.S. Figure Skating and will be conducted under the rules set forth in the 2010 edition of the U.S. Figure Skating Rulebook and this announcement. Particular note should be taken of these sections:

- Rule 3080: Eligibility to compete
- Rule 1450: Events to be skated
- Rules 4660-4791: Requirements for each level
- Rule 3530: Duration and Warm-up Periods of Synchronized Team Skating

Liability: U.S. Figure Skating, The Essex Skating Club of New Jersey, The Skating Club of Morris the Upper Mountain Skating Association, the Richard J. Codey Arena at South Mountain and Essex County Department of Parks and Recreation accept no responsibility for injury or damage sustained by any participant in these championships. This is in accordance with Rule 3222 of the 2009 edition of the official U.S. Figure Skating Rulebook.

Judging System: The ISU judging system (IJS) will be used for collegiate, adult, intermediate, novice, junior and senior events.

All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be turned in with the team's music at registration, or team coaches / contact people can complete it via their Member's Only profile at www.usfsaonline.org



SECTION 1: BASIC SKILLS / BEGINNER EVENTS

For all events: No skaters may have passed higher than the preliminary test in any discipline, and the majority of the team must be “no test.”

“The purpose for the competition is to promote a FUN, introductory competitive experience for the beginning skater.”

A. Basic Skills Beginner 1

A team of 8 to 16 skaters. The majority of the team must be under 9 on the preceeding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include a 2-foot turn and a forward inside and/or forward outside edge glide
- b. **Line:** Cover the ice and include only forward skating skills.
- c. **Block:** Cover the ice and include only one configuration.
- d. **Wheel:** A 4-spoke wheel with backward pumps.
- e. **Intersection:** 2 lines facing each other, forward 2-foot glide at the point of intersection.

RESTRICTIONS:

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand.
- No changes or direction and traveling within elements.
- No steps or moves in Basic 6 or higher.

B. Basic Skills Beginner 2

A team of 8 to 16 skaters. The majority of the team must be 9 – 11 years old on the preceeding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include the combination move* from Basic 8
- b. **Line:** Cover the ice may include both forward and backward skating skills.
- c. **Block:** Cover the ice and include 1 or 2 configurations.
- d. **Wheel:** Wheel of choice with backward pumps.
- e. **Intersection:** 2 lines facing each other, forward 2-foot or 1-foot glide at the point of intersection.

RESTRICTIONS:

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand
- No changes or direction and traveling within elements.
- No steps or moves in Free Skate 2 or higher.

C. Basic Skills Beginner 3

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old on the preceeding July 1

Program duration: 2–2 ½ minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include the combination move* from Basic 8
- b. **Line:** Cover the ice must include both forward and backward skating skills.
- c. **Block:** Cover the ice and include 2 or 3 configurations.
- d. **Wheel:** Wheel of choice.
- e. **Intersection:** 2 lines facing each other, forward 1-foot glide or forward lunge at the point of intersection.

RESTRICTIONS:

- No changes or direction and traveling within elements.

* The combination move is element C in Basic 8: Two forward crossovers into a forward inside mohawk, step down or cross behind, step into a backward crossover, step forward onto a forward inside edge glide. It does not need to be repeated, and does not need to be done in both directions.

These levels are part of the U.S. Figure Skating Basic Skills program. Basic Skills competition guidelines will be used. There will be no more than 6 teams in each group, and judges must only be members of U.S. Figure Skating at least 16 years old. If there are not enough entries, Beginner 1 and Beginner 2 can be combined, at the discretion of the chief referee.

SECTION 2: U.S. FIGURE SKATING STANDARD COMPETITIVE EVENTS

** New rules adopted at the 2009 Governing Council are underlined. Please note that the Open Junior level has been eliminated from U.S. Figure Skating competition*

- A. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10 on the preceding July 1.
Program duration: 2 minutes.
Well balanced program: Rule 4710
- B. Pre-Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 12 on the preceding July 1.
Program duration: 2 minutes.
Well balanced program: Rule 4760
- C. Open Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 19 on the preceding July 1. All skaters must have passed the pre-preliminary moves in the field test.
Program duration: 2 ½ minutes.
Well balanced program: Rule 4770
- D. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 on the preceding July 1 and have passed the preliminary moves in the field test.
Program duration: 3 minutes.
Well balanced program: Rule 4700
- E. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 on the preceding July 1 and have passed the pre-juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4690
- F. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17, on the preceding July 1 and have passed the juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4680
- G. Junior:** A team of 12 to 16 skaters. Skaters must be at least 12 and under 19 on the preceding July 1. All skaters must have passed the intermediate moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 minutes
Well balanced program and short program: Rule 4670
- H. Senior:** A team of 16 skaters. Skaters must be at least 14 on the preceding July 1 and have passed the novice moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 ½ minutes.
Well balanced program and short program: Rule 4660
- I. Open Collegiate** A team of 8 to 16 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline.
Program duration: 3 minutes.
Well balanced program: Rule 4790
- J. Collegiate:** A team of 12 to 20 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.
Program duration: 4 minutes.
Well balanced program: Rule 4720

K. Open Adult:

A team of 8 to 12 skaters. The majority of skaters must be 19 years or older on the preceding July 1.
 Program duration: 2 ½ minutes.
 Well balanced program: Rule 4780

L. Masters:

A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 35 on the preceding July 1.
 Program duration: 3 minutes.
 Well balanced program: Rule 4740

M. Adult:

A team of 12 to 20 skaters. All skaters must be at least 21 on the preceding July 1. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.
 Program duration: 3 ½ minutes
 Well balanced program: Rule 4730

Minimum moves in the field test levels are not being required at this competition.

Crossover Rules: The chart below illustrates where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 4660 – 4791.

Level Athlete is Skating In	Preliminary	Pre - Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Masters	Adult
Preliminary													
Pre - Juvenile													
Open Juvenile													
Juvenile						X							
Intermediate													
Novice				X			X	X					
Junior						X		X		X			
Senior						X	X			X			X
Open Collegiate													
Collegiate							X	X					X
Open Adult													
Masters													X
Adult								X		X		X	

Awards: List what placements will be receiving medals and/or trophies and ribbons. Note whether preliminary rounds will receive awards and if the junior and senior short program / free skates are separate or combined events.

Practice Ice: Practice ice will be available on a first come first serve basis at the Codey Arena on Friday, March 12, 2010 between 7pm and 11pm. The cost will be \$100 per 15 minute session. Team contacts will be contacted via e-mail approximately one week prior.



Music: Rules governing music selection can be found in the U.S. Figure Skating rulebook, rules 2660-4791.

Only CDs (standard Compact Disk format) or cassette tapes (no cases, please) will be accepted.

- CDs: Must be clearly marked with name, event entered and the music length and contained in a hard-sided "jewel" case.

- Cassettes: Must be clearly marked with name, event entered, length of music and side to be played.

The program length must be noted in the space provided on entry form.

Due to compatibility and reliability reasons no music may be submitted on re-recordable "CDRW" discs.

Due to compatibility and reliability reasons no music may be submitted on re-recordable "CDRW" discs.

Competition music must be turned in at the registration desk and must be submitted no later than two hours prior to the event in which the team is skating. All music must be picked up at the completion of the competition. CDs and cassettes will not be mailed back to competitors.

All teams must have an additional copy of their music available for practice sessions. Teams must also have an extra copy available quickly during the actual competition event. The organizing committee will not accept responsibility for damage or loss of music but will take every precaution to ensure their safety.

Registration: Registration will be in the lobby of the Codey Arena and will open two hours before the beginning of the competition. Teams must check in no less than one hour prior to the start of their respective events. Team rosters (if requested) and music must be turned in at the time of registration

Videotaping: Will the competition be video taped by Productions East Video.

Souvenirs: Competition pins will be available for purchase for \$5 per pin. There will be other vendors at the arena.

Admission: Each team will receive credentials for two coaches, one chaperone or team manager and all team members. Admission for all spectators will be \$15 for adults, \$8 for children under 12 and senior citizens. No admission will be charged for infants and children under 2.

Food: There is a snack bar in the arena, as well as Dunkin Donuts and McDonalds directly across the street from the arena

Accommodations: The official hotel for the competition will be the Hilton Parsippany. Other recommended hotels are the Marriott Hanover and the Ramada East Hanover. The list of recommended hotels with negotiated rates is attached.

Transportation: If you are flying into Newark Liberty International Airport, and require transportation, a list of recommended charter bus companies is available upon request

Competition Schedule: Competition schedule will be posted on the Essex Skating Club of NJ website (essexskatingclub.org) and will be sent to the team managers or coaches by e-mail one to two weeks prior to the competition date.



Contact Information: For questions, please contact the following individuals:

Competition Chair: Jill Mueller thotdot2000@aol.com

Chief Referee: Michele Blatt nysk8judge@verizon.net

Practice Ice: Jill Mueller thotdog2000@aol.com



2010 LEE ANN MIELE GARDES N STATE SYNCHRONIZED SKATING COMPETITION

Saturday, March 13, 2010

ENTRY FORM 1: Team Information

Team name:		U.S. Figure Skating #:	
Club: (if applicable)			
Team contact person:			
Daytime phone number:		E-mail:	
Address:		City	State / ZIP
Primary coach:		U.S. Figure Skating #	
Daytime phone number:		E-mail:	
Number of skaters:		Number of alternates:	

Please check the level and/or event (s) entered:

- | | | |
|--|---|--|
| <input type="checkbox"/> BS Beginner 1 | <input type="checkbox"/> Juvenile | <input type="checkbox"/> Open collegiate |
| <input type="checkbox"/> BS Beginner 2 | <input type="checkbox"/> Intermediate | <input type="checkbox"/> Collegiate |
| <input type="checkbox"/> BS Beginner 3 | <input type="checkbox"/> Novice | <input type="checkbox"/> Open adult |
| <input type="checkbox"/> Preliminary | <input type="checkbox"/> Junior short program | <input type="checkbox"/> Adult |
| <input type="checkbox"/> Pre-Juvenile | <input type="checkbox"/> Junior free skate | <input type="checkbox"/> Masters |
| <input type="checkbox"/> Open Juvenile | <input type="checkbox"/> Senior short program | |
| | <input type="checkbox"/> Senior free skate | |

Entry Fee: Enclosed is \$ _____ for _____ team events. \$ 400 per team / event
 \$ _____ for _____ beginner events \$ 300 per team / beginner event

Checks should be made payable to:

Lee Ann Miele Garden State Synchro Classic

Please send all forms and fees to:

EntryEeze Online Registration system
 See the Essex Skating Club Website
www.essexskatingclub.org

All fees and entry forms must be
 Received by:

February 5, 2010

Note: Team managers, please carry proof of age and birth date for all competitors.

Note for collegiate / open collegiate teams: Please bring with you a copy of the collegiate certification page, or alternate proof of your athletes' student status, as of the entry deadline.

Note for beginner teams: Beginner teams may choose to represent either a full member club or a U.S. Figure Skating Basic Skills school / program.



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Saturday, March 13, 2010

ENTRY FORM 2: Team Entry Form

Team Name:	Level:
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SKATER NAMES IN ALPHABETICAL ORDER Last name first	Birth date	U.S. Figure Skating #**	Highest MITF test passed *
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
Alt. 1.***			
Alt. 2.***			
Alt. 3.***			
Alt. 4.***			

* Required for teams entering open juvenile, juvenile, intermediate, novice, junior, senior, collegiate and adult. Also required for beginner teams. **Skaters on beginner teams are not permitted to have passed higher than preliminary, and the majority of the team must be no-test.**

** Skaters on beginner teams may be either full U.S. Figure Skating members or Basic Skills members.

***Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.



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Saturday, March 13, 2010

ENTRY FORM 3: Liability Waiver / Certification by Club Officer

Team Name:	Level:
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U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

Skater's name in alphabetical order	Skater signature or parent / guardian (if skater is under 18)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
Alt. 1	
Alt. 2	
Alt. 3	
Alt. 4	

Club officer or skating school director: *All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules.*

Print Name:	Signature
Title:	
Club or Basic Skills program name:	



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ENTRY FORM 4: Collegiate Certification page – for collegiate and open collegiate teams **ONLY**.

Collegiate and open collegiate teams must comply with Rule 4720 (collegiate) or Rule 4790 (open collegiate). Athletes must be considered full-time students by the college or university they attend, as of the entry deadline for this event. Use a separate form for each institution the members attend, collect all of the forms and send them together. Students may also choose another method to prove their student status, such as a print out of an unofficial transcript or a letter from the registrar.

Team Name:	U.S. Figure Skating Number:
Level:	

LAST NAME	FIRST NAME	STUDENT ID NUMBER
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.		
23.		
24.		

TO BE COMPLETED BY THE REGISTRAR:

I certify that the students listed above are considered full-time students by the following institution:

Name of Registrar: _____

Signature: _____ Date: _____



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Recommended Hotels

Hilton Parsippany
One Hilton Court
Parsippany NJ 07054

11 miles to Richard Codey Arena (Essex County South Mountain Arena)
Full Service Hotel -Restaurant on site
Group Rate Held until February 18, 2010 \$99.00 double
Contact: 1-800-Hiltons or 973-267-7373 – Ask for NJ Synchro Classic 2010

Ramada East Hanover
Route 10 West
East Hanover NJ
973-386-5622
Ask for: NJ Synchro Classic 2010

7 miles to Richard Codey Arena (Essex County South Mountain Arena)
Restaurant on premises and in immediate vicinity – Breakfast is Included
Group Rate held until February 20, 2010
Cost: \$85.00 plus tax

Courtyard Hanover
157 Route 10 East
Whippany NJ 07981
973-887-8700 or 800-321-2211
Ask for NJ Synchro Classic 2010

11 miles to Richard Codey Arena (Essex County South Mountain Arena)
Restaurants on premise and immediate area
Group Rate Held until Feb. 20, 2010 – Room Rate: \$69.00 double –
Specify Courtyard Hanover

Marriott Hanover
1401 Route 10 East
Whippany NJ 07981
973-538-8811 or 800-228-9290
Ask for NJ Synchro Classic 2010

12 miles to Richard Codey Arena (Essex County South Mountain Arena)
Restaurants on premises and immediate area
Full Service Hotel
Room Rate: \$89.00 plus tax Deadline February 20, 2010

