



The 7th Annual
Winter Escapade Competition

Sanctioned by US Figure Skating
Hosted by
The Essex Skating Club of New Jersey, Inc.

Sunday, January 18, 2009

At the
Richard J. Codey Arena at South Mountain
560 Northfield Avenue,
West Orange, NJ

www.essexskatingclub.org



The 7th Annual Winter Escapade Competition

WHEN: Sunday, January 18, 2009
LOCATION: Richard J. Codey Arena at South Mountain, 560 Northfield Avenue, West Orange, NJ
ICE SURFACE: 200 x 85
CHAIRPERSON: Jill Mueller. E-mail: escapadequestion@aol.com

ELIGIBILITY: Events are open to all members in good standing of the United States Figure Skating Association. Skaters' eligibility will be determined by the highest free-skate test passed as of the DECEMBER 1, 2008. Skaters may enter as many events as they choose and for which the skater is qualified. A skater may compete at their current test level and/or one level higher, but not below. Skaters may "skate up" in the next higher category above qualification level, but may not change the application after the close of entries. Any change of event as a result of your mistake will result in a \$20.00 fee for each event changed. The competition events will encompass Basic Skills through Pre-Juvenile and Adult levels. The local organizing committee reserves the right to limit the number of competitors in each flight and in each event, to combine or divide groups, and, in the case where there are ice time limitations or fewer than two competitors register for an event, to eliminate the event.

DEADLINE FOR ENTRY: Entry forms and fees must be postmarked no later than MONDAY, DECEMBER 1, 2008. ENTRIES POSTMARKED December 2 –December 5, 2008, WILL BE ACCEPTED SOLELY AT THE DISCRETION OF THE COMPETITION COMMITTEE AND WILL REQUIRE AN ADDITIONAL LATE FEE OF \$35. The Local Organizing Committee reserves the right to limit entries. Incomplete entries will not be accepted. No metered, registered, or certified mail will be accepted. Post office cancellation is required. ENTRIES POSTMARKED ON OR AFTER DECEMBER 5, 2008, WILL NOT BE ACCEPTED. There will be a \$35 handling charge for a returned check.

LIABILITY: US Figure Skating, Essex Skating Club of NJ, clubs, organizers of this competition, Richard J. Codey Arena at South Mountain, its management, and employees undertake no responsibility for damage or injuries suffered by the skaters or officials. As a condition of & in consideration of the acceptance of their entries or participation therein, all entrants, their parents, or guardians & officials shall be deemed to agree to assume all risks of injury to their person & property resulting from, caused by, or connected with, the conduct and management of the competition, and to waive and release any and all claims which they have against any officials, US Figure Skating, the club hosting the competition, and against its officers and trustees, and their entrees shall be accepted only on such condition.

MUSIC: Only CDs will be accepted and must be clearly marked with the competitor's name and event. Only one program per CD. For compatibility and reliability reasons, music may not be submitted in re-recordable "CD-RW" discs. Please present your music to the registration desk upon arrival, and please pick up your music promptly after your event has ended. The Essex Skating Club assumes no responsibility or liability due to loss or damage to any music. All possible care will be taken; however, all competitors MUST have an additional duplicate CD RINKSIDE during the actual competition.

SCHEDULE: The list of competitors with the tentative schedule of events will be posted on our website: www.essexskatingclub.org on or about January 5, 2009, and will serve as the acknowledgement of entry.

REGISTRATION: Will open 1 1/2 hours before the 1st scheduled event. Please register at the rink at least 1 hr prior to your first event.

RULES: The competition will be conducted according to the rules in the 2008-09 Rule Book except as stated herein. The 6.0 judging system will be used for this competition.

AWARDS: Gold, Silver, Bronze, & Pewter medals will be awarded to 1st, 2nd, 3rd, & 4th place competitors, respectively, in each event.

ENTRY FORMS: There is a **two-page entry form** for Basic Skills, Freestyle, Spins, Solo Dance, Spins, Improvisation, Compulsory Moves, Special Olympics, and Showcase. Be sure to fill out both pages completely. There are separate announcements/entry forms for Synchronized Team Skating and Theatre on Ice.

EVENT COMPOSITION: If the number of entries warrant, events may be subdivided into either age-based or "draw" grouping, as determined by the Competition Committee. Test levels attained by DECEMBER 1, 2008, will be the determining level for the competition category.

MISCELLANEOUS

- Since there is no admission fee for spectators at the Competition, chaperone/professional gate passes are not needed.
- The Essex Skating Club of New Jersey, Inc. is a not-for-profit, volunteer organization supporting figure skating.
- Please note: Parents of competitors may be contacted to provide voluntary assistance at the Competition.

FREESTYLE EVENTS

Time allowed is +/- 10 sec.

Event	Test Requirements	Time (minutes)	USFSA Rule
No Test Tots (6 & under)	No USFSA FS tests passed	1:00	3720/3721
No Test-no axel	No USFSA FS tests passed	1:30	3720/3721
Pre-Preliminary A- (no axel)	Pre-Preliminary FS (no higher)	1:30	3710/3711
Pre-Preliminary B- (with axel)	Pre-Preliminary FS (no higher)	1:30	3700/3701
Preliminary	Preliminary FS (no higher)	1:30	3700/3701
Pre-Juvenile	Pre-Juvenile FS (no higher)	2:00	3690/3691

SPINS

Test and age requirements will be the same as free skating levels. No music will be played. Spins may be skated in any order. Failed spins may not be retried. All spins must have a minimum of three revolutions on each foot and/or in each position to be considered complete. Additional jumps or spins are not permitted and will result in a deduction. All levels will be skated on half ice. Male skaters may be combined with female skaters for this event. Duration: 1:00 Max. Minimum revolutions required on each foot for No-Test/Pre-Preliminary and Preliminary: 3. For Pre-Juvenile: 4.

Level	Elements		
No-Test/Pre-preliminary	One-foot spin	Layback spin	Front-to-back one-foot spin
Preliminary	Back spin	Sit spin	Camel spin
Pre-Juvenile	Flying camel or Flying sit spin— no combination	Camel-sit combination spin	Optional spin – may change feet

IMPROVISATION

Age and test requirements will be based on the Free Skating Test Levels. Music will be selected from modern and contemporary cuts of music. Competitors will be judged on **Choreography** (suitable with program sequence and elements to the music and theme).

Originality (creativity of chosen theme carried throughout the entire program) and **Showmanship** (presentation to the audience and overall style). Events will not be segregated by gender. Music will be age/level appropriate. Music will be played twice during warm-up. Skaters MUST return to the room after their warm-up and remain there while waiting their turn to skate. NO COACHING.

Level	Test Requirements	Time (minutes)
No Test	No USFSA FS tests passed	1:00-1:15 max.
Pre-preliminary (no axel)	Pre-preliminary FS passed (no higher)	1:00-1:15 max.
Pre-preliminary (with axel)	Pre-preliminary FS passed (no higher)	1:00-1:15 max.
Preliminary	Preliminary FS passed (no higher)	1:00-1:15
Pre-Juvenile	Pre-Juvenile FS passed (no higher)	2:00 max

SOLO DANCE EVENTS

Level	Dances	Test Requirements
Pre-Preliminary	Dutch Waltz/Rhythm Blues	May not have completed Pre-Bronze dance test
Pre-Bronze	Swing Dance/Cha Cha	May not have completed Bronze dance test
Bronze	Ten-Fox/Willow Waltz	May not have completed Pre-Silver dance test

COUPLE DANCE/PAIRS EVENTS

Anyone interested in skating as a Beginner Couple—dance or pairs-- should contact the LOC

BEGINNER SYNCHRONIZED TEAM SKATING

Any Beginner Teams interested in competing/exhibiting should refer to the Synchro Announcement for the 7th Annual Winter Escapade (posted on www.essexskatingclub.org website) and the USFSA website. Please contact the LOC if you have further questions.

THEATER ON ICE

Any Beginner Teams interested in competing/exhibiting should contact the LOC .

COMPULSORY MOVES

Compulsory moves eligibility is the same as for the Freestyle categories. This program is skated without music. MOVES MAY BE SKATED IN ANY ORDER. Connecting steps are allowed except where stated. Additional jumps or spins are not permitted and will result in a deduction. Failed elements may not be retried. There is a 1:00 minute maximum time limit for all levels, and all levels skate on ½-ice.

Level	Elements
No-Test	1. Bunny Hops (2 in a row); 2. Lunge; 3. Waltz jump; 4. Forward spiral (either foot); 5. 2-foot spin (minimum 3 revolutions)
Pre-Preliminary	1. Toe loop; 2. Salchow; 3. Forward inside spiral; 4. ½-Flip or ½-Lutz; 5. 1-foot spin (minimum 3 revolutions)
Preliminary	1. Waltz jump/toe loop combination jump (no turns or steps in-between); 2. Loop jump; 3. Diagonal step sequence; 4. Backward spiral on an edge; 5. Sit spin (minimum 3 revolutions in position)
Pre-Juvenile	1. Lutz jump; 2. Flip jump/loop jump combination (no turns or steps in-between); 3. Diagonal step sequence; 4. Camel/sit spin (minimum 6 revolutions; no change of foot allowed); 5. Front-to-back spin (minimum 3 revolutions each foot).

SHOWCASE (Solo & Group) EVENTS

This is a program with the emphasis on the entertainment value, rather than technical content. Elements to be considered in judging will be illustration of character, music interpretation, costuming, and audience appeal. Vocal music is allowed. For this event skaters must skate at their freeskating test level unless otherwise noted. Props are optional. For safety's sake, no helium or fire is allowed. Costumes are mandatory. However, no costumes or props with feathers or water will be permitted on the ice. Skaters must carry their own props on and off the ice unassisted. Set-up and clearance times are limited to 30 seconds each. For this event, male skaters may be placed in with female skaters depending on the entry numbers.

Event	Test Requirement	Program Time
Showcase-Level A	No-Test through Preliminary FS	Not to exceed 1:30 max.
Showcase-Level B	Pre-Juvenile and Juvenile FS	Not to exceed 2:00 max.
Group Showcase—2,3, or 4 skaters per group (please use 1 designated application)	No Test Restrictions	Not to exceed 2:00 max.
Adult Level A	FS Level--Adult Bronze & Silver	Not to exceed 2:00 max.
Adult Level B	Adult Gold and Masters	Not to exceed 2:00 max.

BASIC PROGRAMS WITH MUSIC

Skaters may not have passed any official USFSA Moves in the Field tests or freeskating tests higher than Basic Skills badge levels. Skaters who compete in Basic Skills events may not skate in any other freeskating event (Synchronized Team Skating will be allowed).

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. **Vocal music is allowed.** Elements from a previous level are permitted. Deductions will be made for each element that is skated from a higher level. Time is 1:00+/- 10 sec., to be skated on full ice.

<p><u>Snowplow Sam – Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by two-foot glide and dip 2. Forward two-foot swizzles 2-3 in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle –clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive –both directions 3. One-foot spin – min of 3 revolutions 4. Side toe hop –either direction 5. Hockey stop
<p><u>Basic 1:</u></p> <ol style="list-style-type: none"> 1. Forward two-foot glide 2. Forward two-foot swizzles—6-8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn—R &L 2. Bunny hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge—R or L 5. T-stop –R or L
<p><u>Basic 2:</u></p> <ol style="list-style-type: none"> 1. Forward one-foot glide—either foot 2. Two-foot turn in place—forward to backward 3. Backward two-foot swizzles—6-8 in a row 4. Forward alternating ½ swizzle pumps in a straight line—across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk—R to L and L to R 2. Ballet jump either direction 3. Back crossovers to a back outside edge landing position—clockwise and counterclockwise 4. Forward inside pivot
<p><u>Basic 3:</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise 6-8 consecutive 3. Moving forward to backward two-foot turn—either direction 4. Backward one-foot glide—either foot 5. Two-foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3 turns R and L 2. Waltz jump 3. Mazurka—either direction 4. Combination move—clockwise or counterclockwise—(2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step forward to a forward inside edge) 5. Beginning one-foot upright spin, optional free foot position
<p><u>Basic 4:</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counterclockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3-turn—R and L 4. Backward stroking 5. Backward snowplow stop – R and L 	<p><u>Limited Beginner FS: Time: 1:30 +/- 10 sec. No vocal music</u> A well-balanced program consisting of ½-jumps only, salchows, toe loops, and combinations of these jumps only, upright forward one-foot and two-foot spins, and one step and spiral sequence. No flying spins or combination spins permitted.</p>

Special Olympics Events

Skills Competition: A skater must have passed the badge test appropriate to the level in which they will be competing. Badge level 2 must have been passed to compete in Skills Competition 1. The skater will perform one element at a time and will perform the next element when directed by the referee.

<p>Skills Competition Level One</p> <ol style="list-style-type: none"> 1. March forward 10 steps unassisted 2. Swizzles, standing still (3 repetitions) 3. 2-foot glide forward for distance of at least 1 body length 	<p>Skills Competition Level Seven</p> <ol style="list-style-type: none"> 1. Backward stroking across the rink 2. Gliding backward to forward 2-foot turn 3. T-stop left or right 4. Forward 2-foot turn on a circle (left and right)
<p>Skills Competition Level Two</p> <ol style="list-style-type: none"> 1. Backward wiggle or march unassisted 2. 5 forward swizzles covering at least 10 feet 3. Forward gliding dip covering at least body length 	<p>Skills Competition Level Eight</p> <ol style="list-style-type: none"> 1. 5 consecutive forward crossovers (left and right) 2. Forward outside edge (left and right) 3. 5 consecutive backward ½ swizzles on a circle (left and right) 4. 2-foot spin
<p>Skills Competition Level Three</p> <ol style="list-style-type: none"> 1. Backward 2-foot glide covering at least 1 body length 2. 1-foot snowplow stop (left or right) 3. Forward 1-foot glide covering at least length of body (left and right) 	<p>Skills Competition Level Nine</p> <ol style="list-style-type: none"> 1. Forward outside 3-turn (left and right) 2. Forward inside edge (left and right) 3. Forward lunge or shoot the duck at any depth 4. Bunny hop
<p>Skills Competition Level Four</p> <ol style="list-style-type: none"> 1. 5 backward swizzles covering at least 10 feet 2. Forward 2-foot curves left and right across rink 3. 2-foot turn front to back, on the spot 	<p>Skills Competition Level Ten</p> <ol style="list-style-type: none"> 1. Forward inside 3-turn (left and right) 2. 5 consecutive backward crossovers (left and right) 3. Hockey stop 4. Forward spiral 3 times length of body
<p>Skills Competition Level Five</p> <ol style="list-style-type: none"> 1. Gliding forward to backward 2-foot turn 2. Backward 1-foot glide length of body (left & right) 3. Forward pivot 	<p>Skills Competition Level Eleven</p> <ol style="list-style-type: none"> 1. Consecutive forward outside edges (minimum 2 on each foot) 2. Consecutive forward inside edges (minimum 2 on each foot) 3. Forward inside mohawk (left and right) 4. Consecutive backward outside edges (minimum 2 on each foot) 5. Consecutive backward inside edges (minimum 2 on each foot)
<p>Skills Competition Level Six</p> <ol style="list-style-type: none"> 1. Backward stroking across the rink 2. Gliding backward to forward 2-foot turn 3. T-stop (left or right) 	<p>Skills Competition Level Twelve</p> <ol style="list-style-type: none"> 1. Waltz jump 2. 1-foot spin (minimum of three revolutions) 3. Forward crossover, inside Mohawk, backward crossover, step forward (step sequence should be repeated clockwise and counterclockwise) 4. Combination of three moves chosen from badges 9-12

The 7th Annual Essex Skating Club
Winter Escapade Competition
Entry Form
January 18, 2009

Richard J. Codey Arena at South Mountain, 560 Northfield Ave, West Orange, New Jersey.
 (Synchronized Team Skating/Theater on Ice/Couples Dance/Pairs:
 please contact the LOC for the separate entry form)

POSTMARK DEADLINE: DECEMBER 1, 2008

Entry forms and fees must be postmarked no later than MONDAY, DECEMBER 1, 2008. ENTRIES POSTMARKED December 2 – December 5, 2008, WILL BE ACCEPTED SOLELY AT THE DISCRETION OF THE COMPETITION COMMITTEE AND WILL REQUIRE AN ADDITIONAL LATE FEE OF \$35. The Local Organizing Committee reserves the right to limit entries. Incomplete entries will not be accepted. No metered, registered, or certified mail will be accepted. Post office cancellation is required. ENTRIES POSTMARKED ON OR AFTER DECEMBER 5, 2008, WILL NOT BE ACCEPTED. There will be a \$35 handling charge for a returned check. The handling charge plus entry fee must be paid by cash, money order, or certified check.

No refunds will be granted for any reason except for events eliminated by the LOC.

PLEASE MAIL ENTRY FORMS (POSTMARKED PRIOR TO DEC. 8, 2008) TO:
JILL MUELLER, 96 UNDERCLIFF ROAD, MONTCLAIR, NJ 07042
PLEASE PRINT CLEARLY

Name(s) _____ Sex _____ Date of Birth ____/____/____ Age _____
 Address _____ City _____
 State _____ Zip Code _____ E-mail _____
 Phone Number _____ Home Club _____ US Figure Skating Number _____
 Coach's Name _____ Coach's E-mail _____
 Coach's PSA # _____ Coach's USFS # _____
 Highest Test Passed as of 12/1/08:
 Moves: _____ Free: _____ Dance: _____

PLEASE CIRCLE EVENTS ENTERED:

Basic Programs with Music (\$75 each):

Snowplow Sam-Tots	Basic 3	Basic 6	Limited Beginner
Basic 1	Basic 4	Basic 7	
Basic 2	Basic 5	Basic 8	

Freestyle Events (\$75 each):

No Test Tots	Pre-Preliminary A (NO axel)	Preliminary
No Test-no axel	Pre-Preliminary B (WITH axel)	Pre-Juvenile

Improvisation (\$75 each):

No Test -no axel	Pre-Preliminary A (NO axel)	Preliminary
	Pre-Preliminary B (WITH axel)	Pre-Juvenile

Compulsory Moves (\$70 each):

No Test	Pre-Preliminary	Preliminary	Pre-Juvenile
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Dance (\$75 each):

Pre-Preliminary	Pre-Bronze	Bronze
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Showcase (\$75 each or PER GROUP):

Showcase Level A	Adult Showcase Level A	Group Showcase
Showcase Level B	Adult Showcase Level B	

Spins: (\$75 each):

No Test/Pre-Preliminary	Preliminary	Pre-Juvenile
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The 7th Annual Essex Skating Club
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January 18, 2009
Entry Form—Page 2

Special Olympics: Skills Competition Level _____
(\$75 each)

of Events entered: _____ AMOUNT of CHECK ENCLOSED: \$ _____
Test levels attained by December 1, 2008, will be the determining level for the competition category.

COACHES: I certify that (name) _____ has entered the correct events at the correct levels. I understand that the events entered cannot be changed once the entry deadline of DECEMBER 5, 2008, has passed.

Signature of Coach: _____

Accidents: (as stated in the US Figure Skating rulebook, CR 33.06) The Us Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the US Figure Skating Association, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

Skater's Signature _____

Parent/Guardian Signature (required for skater under age 18) _____

Name of Home Club: _____

ENTRY FORM INFORMATION

Entry forms and fees must be postmarked no later than December 1, 2008. ENTRIES POSTMARKED December 1--December 5, 2008, WILL BE ACCEPTED SOLELY AT THE DISCRETION OF THE COMPETITION COMMITTEE AND WILL REQUIRE AN ADDITIONAL LATE FEE OF \$35. The Local Organizing Committee reserves the right to limit entries. Incomplete entries will not be accepted. No metered, registered, or certified mail will be accepted. Post office cancellation is required. ENTRIES POSTMARKED ON OR AFTER DECEMBER 5, 2008, WILL NOT BE ACCEPTED. There will be a \$35 handling charge for a returned check. The handling charge plus entry fee must be paid by cash, money order, or certified check.

PLEASE MAKE CHECKS PAYABLE TO: **"Essex Skating Club Winter Competition."**

Send completed forms and fees to: Jill Mueller, 96 Undercliff Road, Montclair, NJ 07042

CERTIFICATION: I certify that the applicant is a member in good standing with the Home club indicated above. I also certify that the applicant has attained the appropriate test levels indicated above.

Signature of Club Official/Test Chairman: _____